The government is not doing enough to educate people about the importance of good nutrition and healthy eating.

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Eating healthy is important for everyone. A healthy diet is the key to being fit. It even prevents some health issues. However, a number of people lack ~~of~~ awareness of healthy eating. Some people think that the government should increase their role in educating the public on healthy nutrition choices. I agree with this statement for ~~these~~ the following reasons.

First, many Chinese people do not care what they eat and most likely ~~head straight~~ to prefer the fatty and oily foods. It is difficult to change one’s diet habit and some people are unwilling ~~do not have the wish~~ to change~~. Most people do~~ since they did not gain knowledge of proper nutrition in school. If the government can add these contents into the teaching material, people can learn the importance of healthy eating, then adjust their diet. In addition, the government can deliver more advertisements ~~for guiding~~ to promote proper nutrition ~~selections~~. Therefore, more people will be aware of healthy eating.

Moreover, some food factories produce unhealthy foods to gain more profits. It is ~~not rare~~ common to hear ~~that~~ poisonous material are found in some food products. The government should establish ~~more~~ stricter rules on food production. Food companies which break the rules should face serious punishments. The government should also dictate that all foods being sold must place on nutrition labels. ~~Then~~ Thus, people ~~can~~ would know what they eat and avoid eating unhealthy foods.

In conclusion, although people are ~~first and foremost~~ responsible for their own care, it is also necessary that government do more in guiding healthy eating and nutrition choices.

Hi! I commend you for being able to write such a good essay and you were able to present your ideas in a logical manner. However, you wrote way too much. The more words that you write, the more chances of committing mistakes; thus, it is important to write concisely or write only what is needed. In this essay, you wrote details or information that does not relate to the topic of your paragraph. Nevertheless, you still get an overall score of **24** because you were able to present more relevant ideas that answer the topic question.

* CEEJAY -

**PROOFREADING: QUESTIONS TO ASK YOURSELF**

Before submitting your paper, proofread it and check for the six common problems in writing.

The list of questions below is not all-inclusive, but it suggests some of the common problems that may arise in sentences. You should add to this list any additional problems that you typically encounter when you write.

**Is the sentence complete?**

• Is there a subject?

• Is there a verb?

• What if there's more than one verb?

**Are any words missing, or are any words inadvertently repeated?**

• Read the sentence out loud to help spot missing or extraneous words.

Is the sentence punctuated correctly?

**Are verbs used correctly?**

• Does each verb agree with its subject?

• Does the verb tense correctly express when the action takes place (past, present, future, etc.)?

**Are pronouns used correctly?**

• What noun phrase does the pronoun represent? How close together are they? Are there any other noun phrases in between the two?

• Do the pronoun and the noun it refers to agree? (Are they both plural or both singular?)

**Is everything spelled correctly?**

• Run a spell check.

• Remember to check for commonly confused words that computer spell-checkers miss (it/it's, their/there, etc.). Also, keep in mind that computers often don't "know" technical terms and recently invented words, so you'll have to check those yourself.

**REVISED VERSION:**

Eating healthy is important for everyone. A healthy diet is the key to being fit. It even prevents some health issues. However, a number of people lack awareness of healthy eating. Some people think that the government should increase their role in educating the public on healthy nutrition choices. I agree with this statement for the following reasons.

First, many Chinese people do not care what they eat and most likely to prefer the fatty and oily foods. It is difficult to change one’s diet habit and some people are unwilling to change since they did not gain knowledge of proper nutrition in school. If the government can add these contents into the teaching material, people can learn the importance of healthy eating, then adjust their diet. In addition, the government can deliver more advertisements to promote proper nutrition. Therefore, more people will be aware of healthy eating.

Moreover, some food factories produce unhealthy foods to gain more profits. It is common to hear poisonous material are found in some food products. The government should establish stricter rules on food production. Food companies which break the rules should face serious punishments. The government should also dictate that all foods being sold must place on nutrition labels. Thus, people would know what they eat and avoid eating unhealthy foods.

In conclusion, although people are responsible for their own care, it is also necessary that government do more in guiding healthy eating and nutrition choices.